

COMMUNICATION IN U.S. CULTURE

- Verbal Communication
- Non-verbal Communication
- Personal Information
- True vs False Information

DIGITAL LITERACY

- Internet Search
- Email
- Smartphones
- Internet Safety

EDUCATION

- U.S. Education System
- School Navigation
- Communication with School
- Higher Education

FINANCIAL LITERACY

- Basic Banking
- Payment Methods
- Banking Securely
- Budget Basics

FOOD AND NUTRITION

- Food and Shopping
- Specialty Food and Diets
- Nutrition
- Food and Healthy Living

HEALTH

- Making Appointments / Health Insurance
- Medical History
- Medicine
- Healthy Lifestyle

HOUSING

- Looking for a Home
- Rental Agreement
- House Problems
- Home Safety

TRANSPORTATION

- Transit in the U.S.
- Navigating Transit
- Driving

WORKPLACE COMMUNICATION

- Workplace Expectations
- Phone Communication
- Email Communication
- Communication with Coworkers
- Worker's Rights